

Impact of Donations by Dollar Value

Every dollar donated to Federated Health Charities makes a difference. See how those dollars combine to make a collective impact on health research and programming across Ontario.

Up to \$50 Impact (Less than \$2 per pay cheque)

\$5 helps fund educational services like **Diabetes Canada's** 1-800 BANTING line which responds to over 12,000 diabetes inquiries each year, providing compassionate support, helpful information, and access to vital services.

\$10 helps **Diabetes Canada** fund advocacy efforts like Bill C-64, the first step towards national universal pharmacare and expanded coverage for essential diabetes medications.

\$25 helps fund projects like **Diabetes Canada** D-Camps which support 9 Summer Camps, 12 Family Camps, and 7 Leadership Development Program Camps, creating unforgettable moments for over 1,200 kids and teens living with diabetes.

\$30 provides one hour of expert help finding essential equipment, an accessible home, a job or other necessary items for clients of **Spinal Cord Injury Ontario**.

\$50 provides a resource kit to support families navigating an autism diagnosis through **Autism Ontario**.

\$50 helps fuel groundbreaking research through **Diabetes Canada**! Since 1975, donors have helped provide over \$160 million in research funding to end diabetes.

\$50 supports **Parkinson's** IQ + You, an event series designed to empower people living with Parkinson's and care partners to manage the condition, learn about the latest research, and connect with local resources.

\$50 enables a **Canadian Cancer Society** information specialist with the Cancer Information Service to help someone newly diagnosed with breast cancer understand and cope with their diagnosis.

\$50 covers healthy meals for one day of leadership training by the **Ontario AIDS Network**.

Impact of \$51 - \$150 in Donations (Less than \$6 per pay cheque)

\$72 to the **Kidney Foundation** will provide a blood pressure monitor for a kidney patient.

\$75 provides childcare for a woman living with HIV so she can attend an **Ontario AIDS Network** program.

\$78/year supports Canadian youth in accessing the tools to help them quit smoking or vaping through the **Lung Health Foundation**, setting them up for a healthy future.

\$80 provides 3 weeks of U-First!®, an **Alzheimer Canada** training program that helps non-registered health care providers develop a better understanding of Alzheimer's disease and other cognitive impairments through shared knowledge, teamwork, and person-centered care.

\$85 covers the cost of materials for one **Liver Canada** client to attend a liver health education session for school-aged children, teaching them about the importance of liver health for life.

\$100 provides a workshop on essential tools & strategies for one family from **Autism Ontario**.

\$100 buys a new battery for a needed **Spinal Cord Injury Ontario** client's power wheelchair.

\$125 provides short-term financial assistance to cover emergency living expenses such as groceries for a **Kidney Foundation** client.

\$130 covers the cost of installing bathroom grab bars to increase independence at home for **MS Canada** clients.

\$130/year connects a **Lung Health Foundation** client with much needed supports such as *My Lung Health Coach*.

\$130 provides an online educational webinar for a **Chron's and Colitis Canada** client to increase understanding about IBD for those affected by these chronic diseases.

Impact of \$151 - \$500 in Donations (Less than \$20 per pay cheque)

\$165 allows **Liver Canada** to cover the cost of 1 genetic test for hereditary liver conditions for high-risk families.

\$200 trains a **Spinal Cord Injury Ontario** Volunteer Peer Mentor who can then effectively share their experiences and knowledge with a newly injured client.

\$210 sponsors one peer-led virtual support group session for 20 **Liver Canada** clients.

\$250 provides 10 **Autism Ontario** clients the ability to attend a community event that promotes inclusion, understanding and awareness.

\$250 funds a peer-to-peer mentoring program between the most experienced and qualified nurses to support newer cystic fibrosis nurses through **Cystic Fibrosis Canada** to enhance the quality of clinical care provided to people living with CF.

\$260 supports one **MS Canada** peer support group for a year.

\$260/year supports early career researchers taking the steps to identify future discoveries through the **Lung Health Foundation**.

\$300 covers the technology and translation supports that make training inclusive to French speakers for **Ontario AIDS Network** programming.

\$432 will provide short-term emergency financial assistance to a **Kidney Foundation** client to cover transportation expenses to dialysis treatments over a four-month period.

\$500 provides 2 autistic individuals the ability to attend a specialized social & skills building multi-week program through **Autism Ontario**.

\$500 provides 5 sessions of 15 hours for a person living with dementia to take part of **Alzheimer Canada's** respite program "The Social".

\$500 supports an **Institute for Advancements in Mental Health** client and their family of caregiver's access counselling, family education, and navigating the healthcare system and available community resources.

\$500 covers the cost of orthotics for a **Hemophilia Ontario** client.

\$500 provides a low-income **Sickle Cell Awareness Group of Ontario** client with emergency access to Hydroxyurea for 3-4 months, an important medication that improves health outcomes.

Impact of \$501 - \$1000 in Donations (Less than \$40 / paycheque)

\$520 provides funding towards an air conditioner to an **MS Canada** client which helps alleviate some MS symptoms that increase in severity due to heat.

\$520 helps new and existing IBD patients cope with their disease through the Gutsy Patient Support Program for **Chron's and Colitis Canada** clients living with IBD, connecting them with leading medical experts in the field of IBD.

\$600 funds the Canadian **Cystic Fibrosis** Registry which gives a comprehensive picture of the cystic fibrosis population in Canada and can be a vital resource for researchers.

\$725 establishes a patient-researcher partnership grant to integrate lived-experience into study design with **Liver Canada**.

\$750 sponsors a full three-day leadership journey for one **Ontario AIDS Network** client living with HIV, who will then reach dozens more through education, awareness and support.

\$1000 provides 50 autistic individuals with the ability to attend an **Autism Ontario** creative arts program.

\$1,000 delivers 1 session of Strengthening Families Together, a 4-session series that empowers clients and caregivers of **Institute for Advancements in Mental Health**.

\$1000 provides one child with a week at summer camp through **Hemophilia Ontario**.

Impact of \$1001 - \$5000 in Donations

\$1,200 to **Cystic Fibrosis Canada** galvanizes collaboration and speed up the pace of discovery by bringing together multiple research teams across the country to tackle a topic of importance to the CF community.

\$1250 funds the co-pay for a new wheelchair that a client of **Spinal Cord Injury Ontario** cannot otherwise afford.

\$1300 covers a pressure relief mattress that helps ease MS-related pain for **MS Canada** patients.

\$1,300 helps support innovative ideas to help eliminate inflammatory bowel disease and support improved washroom accessibility by advancing the GoHere® program, offered by **Chron's and Colitis Canada**.

\$1500 provides an inclusive sensory community event for 100 individuals through **Autism Ontario**.

\$1700/year pays for **Chron's and Colitis Canada's** program, *Crohn's and Colitis Connect*, an online forum where patients with IBD can connect with one another, offering peer support that is integral to patient's mental health and understanding of Inflammatory Bowel Disease.

\$2000 covers the cost of physiotherapy for 6 months for a **Hemophilia Ontario** client.

\$2000 will send a child to **Canadian Cancer Society's** Camp Goodtimes for a six-day, fun-filled program in the summer months.

\$2,500 provides one young person with academic mentorship for one year through the **Institute for Advancements in Mental Health's** Mentorship and Scholarship Program for those whose education was interrupted by their mental health.

\$2,600 contributes to the implementation of evidence-based Clinical Care Pathways for IBD, which helps standardize and improve the quality of care received by **Chron's and Colitis Canada** clients.

\$4,000 provides a specialized car seat for an **Ontario Federation for Cerebral Palsy** client to ensure safe and accessible transportation.

\$5,000 funds an adaptive bike from the **Ontario Federation for Cerebral Palsy**, allowing a child to experience the joy of movement and play alongside friends and family.

Impact of More Than \$5000 in Donations

\$9,000 purchases a ceiling track lift system to assist with daily transfers, improving safety and independence for clients of the **Ontario Federation for Cerebral Palsy** and their caregiver.

\$10,000 provides 100 nights of accommodation at **Canadian Cancer Society**

Lodges for people affected by cancer to improve treatment outcomes and survival through an affordable accommodation service close to the treatment center.

\$17,000/year covers the maintenance costs of the GoHere ® app, improving the lives of **Chron's and Colitis Canada** clients by improving washroom accessibility and making it possible for clients to run errands, attend events or travel greater distances with a sense of comfort.

Impact of Group Donations

