

Federated  
**Health Charities**

**Mission, Impact & Research  
Advancements**

# Welcome to the Federated Health Charities Campaign!

This guide contains fast facts from participating charities for use in campaign promotions and speaking notes.

For other promotional resources, please visit the Campaign Resources section at website <https://federatedhealth.ca/campaign-resources/>.

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# ALS Society of Canada



## Mission:

To improve the lives of Canadians affected by ALS through advancing research, care, advocacy, and information.

## The Impact of a Dollar:

1400 people living with ALS in Ontario supported by ALS Canada's Community Leads.

2,309 pieces of equipment provided – free of charge – to people living with ALS in Ontario who are registered with ALS Canada.

192 support groups came together virtually in 2023 to share their experiences and learn from each other. This included 1,536 support group attendees, an increase of 58.5%.

\$13M over three years will deliver vital services for the 1,400 Ontarians living with ALS by supporting their independence, safety, and dignity while reducing stress on Ontario's healthcare system by helping prevent unnecessary hospitalizations and emergency visits.

## Research Advancements:

The Research Program has funded initiatives including the contribution of 1,000 full DNA profiles from across Canada to a global resource of 15,000 total human profiles that will enable scientists worldwide to understand the genetic signature that leads someone to develop ALS.

## Mission:

To alleviate the personal and social consequences of dementia while funding cutting-edge research and persistent advocacy.

To support individuals living with Alzheimer's disease and other forms of dementia, as well as their care partners, by providing a range of tailored programs, educational resources, and support services.

To enhance the quality of life for those impacted by dementia and contribute to advancements in research and advocacy that address the growing challenges posed by this disease.

## The Impact of a Dollar:

Every donation sends a message to over **316,000** people living with dementia that they are not alone; that there are people out there who care and want to make a difference.

**\$1,100** provides a Circle of Care for one client for one year. A "Circle of Care" represents a comprehensive support system that extends from intake to participation in programs and services, ongoing counselling, educational resources, and various forms of assistance provided to those living with dementia and their care partners.

## Research Advancements:

In 2024, the Alzheimer Society Research Program invested **\$5,244,000** in **40** research projects. These projects focus on encouraging researchers to explore radical new ways to advance our knowledge of dementia and to improve the quality of life for people living with dementia, their families and caregivers. All research projects fall into one of eight categories, seen here:



# The Arthritis Society of Canada



## Mission:

To fight the fire of arthritis with research, advocacy, innovation, information, and support.

## The Impact of a Dollar:

1 in 5 Canadians live every day with arthritis and there is no cure.

\$25 connects 1 person with arthritis to a peer listener for direct, 1:1 emotional support.

\$50 allows 2 people to attend a webinar hosted by an arthritis expert to learn tips about disease management.

\$78/year (\$3/pay) allows 1 parent, caregiver, or guardian of a child with arthritis the chance to connect virtually with others in a similar situation.

\$130/year (\$5/pay) connects 5 people with arthritis to a peer listener for direct, 1:1 emotional support.

\$260/year (\$10/pay) provides 1 newly diagnosed child with arthritis an ergonomic backpack filled with useful resources.

\$1,000 helps send 1 child with arthritis to summer camp.

## Research Advancements:

In 2023-24, the Arthritis Society of Canada invested \$6.6 million in arthritis research and the development of researchers and clinicians.

In 2024, research supported by The Arthritis Society of Canada led to:

- the introduction of rare, botanical drugs to address previously unmet needs in neurodegenerative diseases that control chronic inflammation.
- the use of AI to cut the time to diagnosis in half.
- non-opioid pain relief therapies; and
- precision therapeutics targeting root causes of inflammation in antibody-mediated diseases.

## Mission:

Creating a supportive and inclusive Ontario for autism

## The Impact of a Dollar:

\$25 subsidizes one individual's attendance at a Social Learning Program.

\$3/pay (\$78/year) helps 1 family attend a Social Learning Opportunity.

\$130.00 (\$5.00/pay) allows 1 caregiver to attend the CARES program series that provides stress-relieving tools and support.

\$1,500.00 sends 1 child to an autism summer camp for 1 week.

## Research Advancements:

Autism Ontario supports research via collaboration with academic centres, hospitals, service providers and non-profit organizations. This includes active partnerships, expertise sharing and consultation, financial support, community engagement, and knowledge translation.

Research supported by Autism Ontario has recently:

- Identified reasons for elopement (fleeing or wandering away from a safe situation) and developed tips and tools for families/caregivers to reduce the risks associated with this behaviour.
- Found that up to 26% of self-identified gender diverse individuals have an autism diagnosis based on several different criteria, whereas the baseline population estimate is between 1% and 2%.
- Begun to explore the impact and instances of autism within the indigenous populations of Ontario to better understand and subsequently create targeted resources.

# Canadian Cancer Society



Canadian  
Cancer  
Society

## Mission:

Improve the lives of all those affected by cancer through world-class research, transformative, advocacy and compassionate support.

## The Impact of a Dollar:

\$100 supports **one match** through our Peer Support Program.

\$833 enables the Canadian Cancer Society to reduce the burden of cancer on **one family for a year** by helping them get to and from their child's cancer treatment.

\$5,000 provides the necessary funds to operate the Cancer Information Service for one day, supporting **125 callers** with trusted information and resources.

\$5,000 enables **one person** living with cancer to access innovative cancer treatments by joining a Canadian Cancer Society-funded clinical trial.

\$150,000 enables the Canadian Cancer Society to fund a potentially life-saving cancer research project for one year.

\$75,000 equips one research team with all the tools needed for their study.

## Research Advancements:

Canadian Cancer Society is leading the way in national cancer research by investing nearly **\$40 million** annually.

In 2024, a new cancer surveillance protocol dramatically improved survival for individuals with Li-Fraumeni syndrome, a hereditary disease that significantly increases a person's susceptibility to cancer.

This study found that those under surveillance had a **100% survival rate** after cancer was detected. For those not under surveillance, the survival rate **was 21%**.

# Canadian Liver Foundation



Canadian Liver Foundation  
Fondation canadienne du foie

## Mission:

Bring liver research to life for all Canadians.

## The Impact of a Dollar:

**\$75** covers the daily operational cost of the National Help Line, ensuring that Canadians have an open line of communication to turn to when in timely need of liver education and information.

**\$100** waives the registration fee for **one person** to attend a LIVERight Forum, dispelling the myths and misconceptions around liver disease and providing positive, preventative, and practical information for better liver health.

**\$250** allows us to open and operate our liver stiffness screening and detection (FibroScan) clinic for **one day**, helping to combat the rise of fatty liver disease across Canada.

**\$500** funds one day of liver research, putting us **one step closer** to our ultimate goal of a world without liver disease.

## Research Advancements:

In 1993, the first living liver transplant between a mother and son was conducted in Canada. Now, this is a much more common procedure saving the lives of thousands of Canadian children.

The Canadian Liver Foundation continues to fund research into the prevention, diagnosis, treatment, and cures of all liver diseases including those that affect children.



## Mission:

To cure Crohn's disease and ulcerative colitis and to improve the quality of life of everyone affected by these diseases by investing in research, patient programs and services, advocacy, and awareness.

## Impacts:

One in 140 Canadians live with Chron's or ulcerative colitis, one of the highest rates of these diseases in the world.

For more than 48 years, Crohn's and Colitis Canada has led the way in giving hope for a cure, support and education, and a community that understands.

## Research Advancements:

Chron's and Colitis Canada has been funding research since 1976.

In 2001 this included identification of the first gene linked to Chron's disease and continue to identify others.

In 2015, research led to the first Fecal Microbial Transplant for colitis – a significant advancement toward a potential cure.

In 2023, Chron's and Colitis Canada's GEM Project announced a gut bacteria pattern that shows an increased likelihood of developing Chron's disease years before symptoms appear.



# Cystic Fibrosis Canada



## Mission:

To end cystic fibrosis.

## The Impact of a Dollar:

**\$25** supports researchers who are developing new ways to identify lung infections so that treatments can begin sooner.

**\$50** funds one day of supplies that will support a research team investigating which rare CF mutations can benefit from Trikafta, a recently created breakthrough treatment.

**\$100** funds one day of research into new ways to kill harmful bacteria that causes lung issues for people living with CF.

**\$750** equips a CF research facility with supplies for one week to test patient samples for a harmful type of bacteria, ensuring treatments can be provided to people living with CF as soon as possible.

**\$1000** supports a week of research to adapt a therapy program to a virtual format so that CF patients suffering from depression and anxiety can easily meet with a therapist.

**\$5000** funds six weeks of research to help better understand the defective cells of the CF lung, helping researchers target future genetic therapies for CF patients.

**\$10,000** funds a stem cell research lab for one month to help in the development of future therapies for people with rare types of CF.

## Research Advancements:

In 1989, the gene responsible for cystic fibrosis (CF) was discovered at the Hospital for Sick Children in Toronto. At the time, most Canadian children with CF did not live to adulthood. Screening for this gene now occurs as part of Canadian newborn screening programs, allowing children with CF to be diagnosed early, and treatment to start immediately.

The current median age of survival for Canadians with CF is 52 years, the highest in the world!

## Mission:

To prevent diabetes and its complications, help people with diabetes live healthy lives, and find a cure. Diabetes Canada also shares knowledge, advocates for policy change, and funds research.

## The Impact of a Dollar:

Diabetes Canada directs funding mainly towards research and areas of greatest needs for people affected by diabetes.

973 kids living with type 1 diabetes attended D-Camps across the country in the summer of 2024.

In 2023, Diabetes Canada responded to just over 15,000 diabetes inquiries on our toll-free Info & Referral line, providing compassionate support & vital resources to those affected by diabetes.

## Research Advancements:

As of January 2024, Diabetes Canada is funding over 75 diabetes research projects involving over 260 researchers at 20 different research institutions across the country.

To date, Diabetes Canada has funded ground-breaking research, including:

- Development of Islet Cell Transplant Protocol (Edmonton Protocol)
- Steps toward reversal of Type 1 Diabetes
- Introduction of an artificial pancreas that provides automated insulin delivery.
- Creation of Type 2 diabetes medications, including Metformin, now the main first-line medication for the treatment of Type 2 diabetes

# Heart and Stroke



## Mission:

Promote health. Save lives. Enhance recovery.

## The Impact of a Dollar:

In Canada, heart disease and stroke take a life every 5 minutes.

Last year, for every dollar Heart & Stroke spent:

- **62.2%** funded clinical research, advocacy programs and health promotion.
- **34.6%** supported fundraising, including Jump Rope for Heart and Ride for Heart, which provide evidence-based health information such as the signs of stroke or heart attack and teaching children healthy habits for life.
- **3.2%** provided administration that supported our organization in business areas such as accounting and information technology.

## Research Advancements:

In 2023/2024 **\$24.2 million** was invested in research projects that inform action to save lives, prevent disability, support diagnosis and recovery, and improve the heart health of people in Canada.

In a specific example, Heart & Stroke's Women's Heart and Brain Research Initiative launched in 2016 has secured over **\$3.5M** of partner funding to fund gender equitable research to date.

## Know the signs of STROKE

- F** **Face**  
is it drooping?
- A** **Arms**  
can you raise both?
- S** **Speech**  
is it slurred or jumbled?
- T** **Time**  
to call 9-1-1

**Beat stroke, call 9-1-1 FAST**

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# Hemophilia Ontario



Hemophilia Ontario

## Mission:

To strive to improve the health and quality of life for all people with inherited bleeding disorders, and to find a cure.

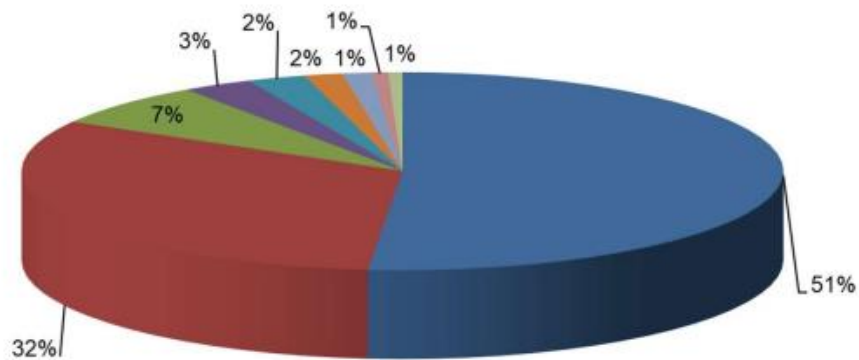
## Impact:

\$1,000 covers one week of Infusion camp at Camp Wanakita for a child, ages 7 – 16, to receive infusion training.

## Research Advancements:

Heroixx.ca has been established and contains a wealth of resources not available on any other site. The site has been translated into 3 languages to date with the goal to have the site translated into the top 10 languages spoken in the world.

Where you have given



■ Program Supplies and Services - \$495,602	■ Staffing Costs - \$306,931
■ Office supplies and expenses - \$68,130	■ Board and committee meetings - \$28,713
■ Travel - \$23,714	■ Staff and volunteer development - \$15,591
■ Professional Fees - \$12,159	■ Building occupancy - \$6,573
■ Insurance - \$5,840	

# Institute for Advancements in Mental Health (IAM)



## Mission:

Redesigning society for better mental health. We are innovating, supporting & driving change with people impacted by mental illness.

## The Impact of a Dollar:

For \$65, you provide 30 minutes of 1:1 counseling.

For \$115, you provide 60 minutes of 1:1 counseling.

For \$130, give 1 person 1 Recovery in Action Session

For \$805, give 1 person 7 Recovery in Action Sessions\*

For \$1,500, give 1 scholarship to a student experiencing mental health challenges.

## Research Advancements:

Projects supported by the Institute for Advancements in Mental Health over the past 40 years have led to:

- New medications for people with schizophrenia and other serious mental illnesses
- Greater understanding of psychosocial interventions, like cognitive behavioural therapy, to improve a patient's quality of life.
- Early intervention programs to support 16 – 35-year-olds to minimize the impact of psychosis, improve their chances of recovery, and promote long-term well-being.

These programs offer multidisciplinary care, including medication management, CBT, family support and psychoeducation, reintegration support for school and or work, community support, and case management.

# The Kidney Foundation



## Mission:

The Kidney Foundation of Canada is the leading charity committed to eliminating the burden of kidney disease through:

- Funding and stimulating innovative research for better prevention, treatments, and a cure.
- Providing education and support to prevent kidney disease in those at risk and empower those with kidney disease to optimize their health status.
- Advocating for improved access to high quality health care.
- Increasing public awareness and commitment to advancing kidney health and organ donation.

## The Impact of a Dollar:

For every **\$108** you donate, The Kidney Foundation of Canada can provide **one month** of short-term financial assistance to help with transportation expenses to and from lifesaving dialysis treatments.

For every **\$125** you donate, The Kidney Foundation of Canada can provide **one month** of short-term financial assistance to help with emergency living expenses such as groceries and utilities.

## Research Advancements:

The five-year survival rate for adults with transplanted kidneys is 89% from living donors and 79% from deceased donors.

New medications make it possible to delay the progression of kidney disease if it is caught early – that's why understanding the risk and getting tested are vitally important.

# Lung Health Foundation



## Mission:

To support and empower individuals living with lung disease across Canada.

## The Impact of a Dollar:

**\$50** provides a welcome Kit for participants who are joining Lung Health Foundation's Fitness for Breath Class

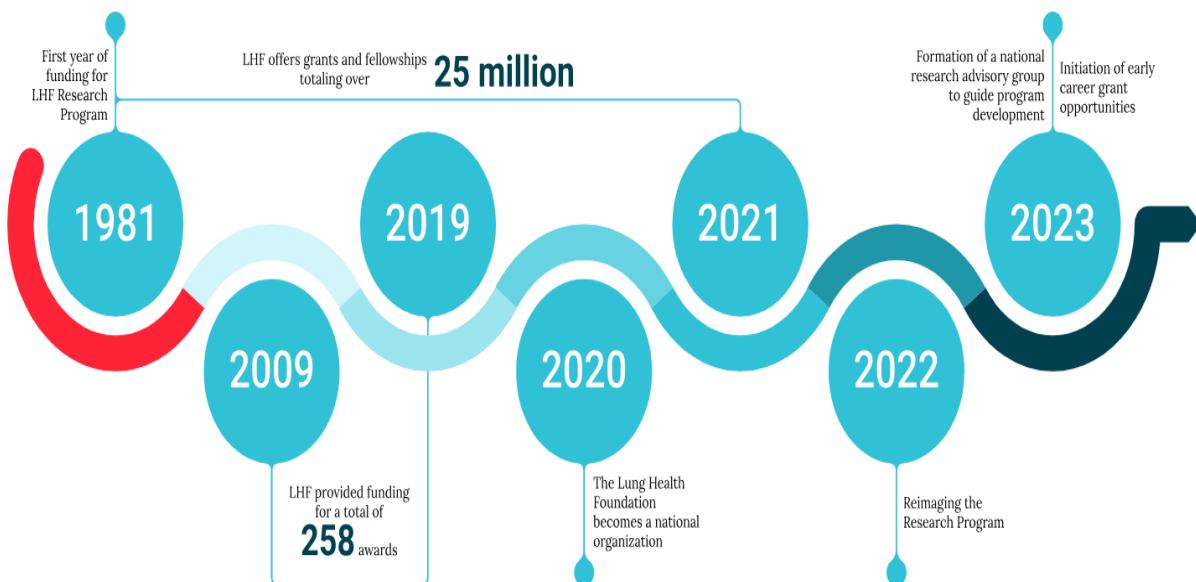
**\$78/year (\$3/pay)** supports Canadian Youth in accessing tools to help them quit smoking or vaping, setting them up for a healthy future.

**\$130/year (\$5/pay)** connects an individual living with lung disease to much needed supports such as My Lung Health Coach.

**\$260/ year (\$10/pay)** supports early career researchers taking the steps to identifying future discoveries.

## Research Advancements:

The Lung Health Foundation has invested **\$30 million** in the past 20 years in lung health research to help the **1 in 5** Canadians living with lung disease.





## Mission:

To connect and empower the MS Community to create positive change.

## The Impact of a Dollar:

**\$80/year (\$3 /pay):** Covers the cost of bathroom grab bars to increase independence at home.

**\$300/year (\$12/ pay):** Provides funding towards a wheeled walker to increase independence inside and outside of the home.

**\$390/year (\$15 /pay):** Provides funding towards an air conditioner to help alleviate some MS symptoms that increase in severity due to heat.

**\$500/ year (\$20/ pay):** Pays for an emergency response system to enable a person to continue living in their home.

## Research Advancements:

The first disease-modifying therapy for MS was approved in Canada in 1998. There are now **18 approved therapies** for MS.

Early non-specific health symptoms or signs prior to the onset of the disease have been identified that can occur at least five years before the clinical diagnosis of MS. More work is being done to further characterize the MS prodrome for the prevention of the disease.

Research shows a **32-fold increase** in MS risk to those who experience Epstein-Barr virus (EBV). Efforts to further understand how EBV triggers MS and development of targeted interventions for EBV (i.e., vaccines) are currently being investigated in the prevention of MS.

# Ontario AIDS Network



## Mission:

The Ontario AIDS Network advocates for its member groups for sustainable funding, user-friendly legislation, and state-of-the-art treatment for all persons living with HIV/AIDS in the province.

## The Impact of a Dollar:

**\$1,000** pays for one individual living with HIV to attend a life-changing in-person training where they can learn and practice leadership skills, identify personal values, gain community knowledge and awareness, increase resiliency, and network with other emerging leaders in a safe environment.

## Research Advancements:

Antiretroviral therapy (ART) has evolved into powerful, less toxic regimens, and single-pill daily treatments simplify adherence. Recently, long-acting injectable antiviral medications have been introduced, improving health outcomes, and lowering HIV transmission risk, ensuring people living with HIV enjoy better health and longevity.

Ontario has implemented Pre-Exposure Prophylaxis (PrEP) as preventive measures. PrEP, which **reduces HIV risk by over 99%** to high-risk populations.

HIV-related mortality has dropped dramatically due to research in medical interventions, transforming HIV from a fatal diagnosis into a manageable chronic condition. These improvements have allowed people to live fuller, healthier lives with fewer complications and hospitalizations.

# Ontario Federation for Cerebral Palsy



## Mission:

The Ontario Federation for Cerebral Palsy (OFCP) is a non-profit, charitable organization that strives to address the needs of people with cerebral palsy in the province of Ontario.

## The Impact of a Dollar:

**\$25** enables the Ontario Federation for Cerebral Palsy to provide specific support, such as 30 minutes of information and referral for individuals with cerebral palsy.

**\$50** contributes to essential services, supporting initiatives like life enrichment programming. This support aids members in joining community activities and covers equipment repairs that enhance independence.

**\$78/year (\$3/pay)** helps fund transportation services for those living with cerebral palsy, ensuring access to necessary treatments.

**\$130 per year (\$5/pay)** aids individual patients in crisis and supports groups providing essential services, including personal support services for people with cerebral palsy.

**\$260/year (\$10 per pay)** significantly contributes to the equipment funding program, directed towards meeting the diverse and specific needs of those affected by cerebral palsy, enhancing their independence and overall quality of life.

## Research Advancements:

For the past seventy years, it has been the mandate of the OFCP to engage in the long-term work of creating permanent fundamental changes that will empower people with cerebral palsy.

## Mission:

Empower Canadians to optimize their bone and muscle health and improve the lives of those affected by Osteoporosis.

## The Impact of a Dollar:

**\$78/year (\$3/pay)** supports individuals in accessing education to help optimize their bone health at any age, in addition to providing those diagnosed with osteoporosis access to programming, support services and resources to help reduce their risk of fracture.

Programs offered in Ontario are Bone Health 101, Osteoporosis and You and a 6-week series, Living Well with Osteoporosis, in addition to support groups.

In Ontario in 2024, over 3,000 individuals participated in these programs. Over 207,000 Ontarians accessed the supports and resources at [osteoporosis.ca](https://osteoporosis.ca) to date.

## Research Advancements:

New developments and exciting opportunities have provided a new evidence-based guideline for healthcare providers in the diagnosis, treatment, and management of osteoporosis.

Over 2.3 million Canadians live with osteoporosis and rely on continued research to provide vital information, education, services and support to them and their families.

Donors help reach more people, in more communities across the country through the development of digital tools, support services and educational programming.

## Mission:

To improve the lives of Canadians with Parkinson's disease through research, advocacy, education, and support services.

## The Impact of a Dollar:

**\$50** provides expert-informed educational publications and resources for download, free of charge, for the Parkinson's community.

**\$100** provides resources like the Every Victory Counts Canadian Edition manual, including essential information about Parkinson's, free of charge to Canadians.

**\$1,000** provides educational opportunities like monthly webinars, free of charge, for the Parkinson's community.

**\$5,000** funds a CARE Fund project, enabling qualified and experienced organizations to develop and implement local health, wellness, and educational initiatives that directly address unmet needs of people living with Parkinson's and/or their care partner

## Research Advancements:

Improvements in drug formulation have led to longer-lasting medications, and new drug delivery systems.

A deeper understanding of the biological causes of Parkinson's have resulted in many new experimental therapies and new drug classes to address Parkinson's.

Imaging technologies have improved the accuracy of Parkinson's diagnosis, helping differentiate it from similar disorders and are helping identify brain changes linked to Parkinson's.

Digital and Wearable Technology: Devices that monitor symptoms and medication responses in real time (e.g., smartwatches, apps) allow for personalized treatment adjustments and better tracking of disease progression.



## Mission:

To reduce the incidence of new sickle cell births and improve the quality of life of individuals and families living with sickle cell disease (SCD).

## The Impact of a Dollar:

\$25 can provide urgent transportation of a patient to the emergency room during pain crisis situations,

\$50 can help a parent pay for child-minding while with child in hospital while the sibling(s) remain at home.

\$78 per year (\$3/pay) can support delivery of an educational event  
\$130 per year (\$5/pay) can increase number and types counselling appointments available.

\$260 per year (\$10/pay) can go towards a research project.

## Research Advancements:

SCAGO supports clinical research, engages in psycho-social research, health promotion, education, awareness, and development of best practices guidelines.

Sickle Cell research in Ontario is largely focused on data collection, education, and identification of community need.

## Mission:

To provide peer experiences, education, advocacy, and ongoing services for those impacted by spinal cord injuries.

## The Impact of a Dollar:

**\$3/pay** provides a newly injured person with a wheelchair knapsack filled with useful accessibility items including cup holder, a door opener, a feeding cuff, and links to services and supports.

**\$6per pay** provides training for a Peer Mentor Volunteer.

**\$10 per pay** provides replacement batteries for a power wheelchair.

**\$50** helps prevent injury by providing **one person** with safety grab bars.

## Research Advancements:

- Collaborated on the research, development, and implementation of the very first Accessibility Legislation in Canada - AODA.
- Co-founded the Ontario SCI Alliance to resolve systemic barriers that impact the quality of life for people with spinal cord injuries and implement research advancements faster.
- Partnered with Uber to develop UBER WAV, which is known as the most efficient accessible transportation services in the world.